

When do I need **to self-isolate?**

To keep life moving and stop Covid-19 from spreading further, it's still important to self-isolate when you're asked to.

There are new rules from 16 August:

I've tested positive for Covid-19



You need to **self-isolate**, even if you've been vaccinated

I'm double-jabbed or I'm under 18 - and I've been in contact with someone who's tested positive



You do not need to **self-isolate** but we advise you to take a **PCR test**, and you need to self-isolate if it's positive

I've had either one or no jabs and I'm 18 or over - and I've been in contact with someone who's tested positive



You need to **self-isolate**

I have symptoms of Covid-19 (high temperature, new continuous cough, loss or change to sense of smell or taste)



You should **self-isolate** and take a **PCR test**, even if you've been vaccinated

